



# Planning Your Trip

## Packing Checklist

- Any gear you own, such as skis, snowboard, and ski or board boots
- Snow goggles or sunglasses
- Helmet and wrist guards
- Hat, gloves, scarf and warm socks
- Wind resistant coat and pants
- Warm clothing
- Sunscreen (snow can reflect UV rays and double your exposure)
- Water and snacks
- Tickets (if ordered ahead of time) and directions



Visit [Safetyinfo.ca](http://Safetyinfo.ca) for more information